



My Health Record

**national
allergy
council**



My Health Record for clinical immunology/allergy specialists:

What's in it for you and your patients?

My Health Record is an online record of patient health information, accessible by health professionals and patients. It is operated by the Australian Government.

My Health Record can support you in caring for your patients by enabling easier access to their health information.

You can access the following information on My Health Record:

- Immunisations
- Pathology
- Diagnostic imaging reports
- Prescription and dispensing information
- Hospital discharge summaries

You can use a conformant clinical information system (such as Genie) to upload your specialist letter to your patient's My Health Record. This allows their allergy status and management plan

to be shared with other members of the patient's healthcare team, including their GP and dietitian.

My Health Record is secure, it can save you time, and it may reduce unnecessary duplication of diagnostic services.

This is an important step to ensure safe prescribing, particularly for those patients with a food or drug allergy.

In March 2023:

- Around 99% of general practices and pharmacies were connected to My Health Record and uploading or viewing documents.
- 97% of public hospitals are now connected.
- More than 313 million pathology reports are in the system.

What allergy information can be viewed on My Health Record?

Clinical immunology/allergy specialists can:

- review medications and adrenaline injector prescriptions.
- review hospital discharge summaries for anaphylaxis events.
- review other health conditions.
- access specialist letters (useful for conditions where other specialists e.g. ENT, gastroenterologist, are involved).
- review information from other healthcare providers such as allied health professionals.

My Health Record can provide you and your team with better access to your patients' allergy information via:

- **Shared health summaries** (created by the GP), which lists medicines, allergies, other adverse reactions, immunisations, and key diagnoses.
- **Event summaries** (created by healthcare providers).
- **Hospital discharge summaries** (e.g. anaphylaxis event/s).
- **Pathology and radiology test results** (e.g. allergen-specific IgE blood tests).
- **Prescription and dispense records** (e.g. when the patient last filled an adrenaline injector prescription, prescription of eczema steroids and asthma inhalers).
- **Personal health summary** (entered by the patient).

Currently, allergy and other adverse reactions information can be found in:



Shared health summaries (general practices)



Event summaries (all healthcare providers)



Discharge summaries (hospitals)



Pharmacist Shared Medicines List



Personal health summary (entered by the patient)

What information can be uploaded on My Health Record?

Clinical immunology/allergy specialists can use My Health Record to upload a specialist letter with details about your patients':

- consultation.
- test results (blood tests for allergen-specific IgE, food allergen challenges and drug (medication) challenges).
- allergy status.
- commencement of allergen immunotherapy.
- other treatments and events.

Information security

The Australian Digital Health Agency has many safeguards in place to protect the information held in the system such as strong encryption, firewalls, secure login/authentication mechanisms and audit logging.

By default, documents in My Health Record are set to 'general access' so healthcare professionals can upload clinical documents and view information in relation to a healthcare consultation or clinical event.

These default settings are controlled by the patient and can be changed at any time.

Further information and training

Visit the [Australian Digital Health Agency](#) website for more information on how you can view or contribute to your patient's My Health Record.

Training and related resources are available through the [Australian Digital Health Agency webinars page](#) or your PHN.

The following eLearning modules are also accessible on the [National Allergy Council](#) website.

- Digital health for specialists.
- Introduction to My Health Record for healthcare providers.
- Registering your organisation for My Health Record.
- My Health Record Security, Privacy and Access.